

## Ela Township Shooting Stars: Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 - 10:15	Sign In/Free Time	Sign In/Prepare for Field Trip	Sign In/Free Time	Sign In/Prepare for Field Trip	Sign In/Free Time
10:15 - 10:30	Introduction: Cover rules & schedule for the week	Bus Ride to Knox Park	Warm Up: Look Up, Look Down	Travel to Paulus Park	Warm Up: Catch Don't Catch
10:30 - 10:45	Warm Up: Tape Jousting	Warm Up: 100 Yard Scream	Dodgeball	Alligator Jump	Moon Bounce/Stations
10:45 - 11:00	Color Monster or Flag Tag	Soccer or Army, Navy, Air Force, Marines		Nuke 'em	
11:00 - 11:15					
11:15 - 11:30	Bathroom Break, Wash Hands	Bathroom Break, Wash Hands	Bathroom Break, Wash Hands	Bathroom Break, Wash Hands	Bathroom Break, Wash Hands
11:30 - 11:45	Lunch	Lunch	Lunch	Lunch	Lunch
11:45 - 12:00					
12:00 - 12:15	Craft: Paint 'Shooting Stars' Sign	Free Time/Playground	Free Time	Get Ready for Swimming & Go Over Beach Rules	Minute to Win It Games/Moon Bounce
12:15 - 12:30		Relay Races/Human Chain	Craft: Tie Dye		
12:30 - 12:45				Walk to Kits Sports Center	Swimming & Spray Ground
12:45 - 1:00	Capture the Flag	Water & Bathroom Break	Water & Bathroom Break	Water & Bathroom Break	
1:00 - 1:15		Purple Guts			Parachute Games
1:15 - 1:30	Water & Bathroom Break		Gaga		
1:30 - 1:45		NIMBY or Bridge Tag		Water & Bathroom Break	Clean Up/Prepare to leave
1:45 - 2:00	Travel back to Community Center		Spud		
2:00 - 2:15		Walk back to the Community Center		Snack	Snack
2:15 - 2:30	Snack		Free Time/Sign Out		
2:30 - 2:45		Free Time/Sign Out		Free Time/Sign Out	Free Time/Sign Out
2:45 - 3:00	Free Time/Sign Out		Free Time/Sign Out		

\*Times and activities listed above are subject to change. Field trips and afternoon snack are provided at no additional cost. Participants are responsible for bringing a sack lunch everyday. Drinking water will be made available at all times via drinking fountain or water cooler. Drop off and pick up will always be at the community center. Contact Chris Urry at youth@elatownship.org or 847-438-9160 with any questions